



# February NEWSLETTER

2023



## Glacier Challenge 2023 Recap

Our sincere thanks to all of our parents, volunteers, and staff whose time and energy made our 8th year of the Glacier Challenge a huge success. We are thankful for each of you and your talents and gifts that you shared! This year has not been an easy one, by any means, but with all the help and support we received, the 8<sup>th</sup> annual Glacier Challenge ran incredibly smoothly.

Below are our individual and team highlights for the FGA competitive athletes. Showing below all **Event Champions and Top 3 AA:**

### Xcel Bronze Highlights:

- Saylor Purdy: 1<sup>st</sup> UB, 2<sup>nd</sup> AA
- Addelyn Spence: 1<sup>st</sup> BB, 1<sup>st</sup> AA
- Abigail: 2<sup>nd</sup> AA
- Avery Stanley: 1<sup>st</sup> UB, 2<sup>nd</sup> AA
- Ainsley Crawford: 1<sup>st</sup> VLT, 1<sup>st</sup> UB, 1<sup>st</sup> AA
- Anne Joy: 1<sup>st</sup> UB, 1<sup>st</sup> BB, 1<sup>st</sup> AA
- Emma Giles: 1<sup>st</sup> BB
- Olivia Hayes: 1<sup>st</sup> BB, 1<sup>st</sup> BB

Team Results: 1<sup>st</sup> Place – 113.525

### Xcel Silver Highlights:

- Solstice Mejia: 1<sup>st</sup> BB, 1<sup>st</sup> AA
- Kinley Winegardner: 2<sup>nd</sup> AA
- Addelyn Cook: 1<sup>st</sup> FX, 1<sup>st</sup> AA
- Kenna Piccoli: 1<sup>st</sup> VLT, 2<sup>nd</sup> AA
- Skylar McGaughy: 3<sup>rd</sup> AA
- Alysa Lowe: 1<sup>st</sup> BB
- Paisley Witte: 1<sup>st</sup> FX, 3<sup>rd</sup> AA
- Molly Moody: 1<sup>st</sup> VLT, 1<sup>st</sup> BB, 1<sup>st</sup> AA
- Megan Houston: 3<sup>rd</sup> AA
- Ingrid Scott: 1<sup>st</sup> FX
- Hazel Murray: 1<sup>st</sup> UB, 1<sup>st</sup> AA

Team Results: 1<sup>st</sup> Place – 114.825

### Xcel Gold Highlights:

- Sophia Schwegel: 1<sup>st</sup> BB
- Ava Beck: 1<sup>st</sup> UB, 1<sup>st</sup> AA
- Vienna Stewart: 1<sup>st</sup> BB, 1<sup>st</sup> FX, 2<sup>nd</sup> AA

### Xcel Platinum Highlights:

- Roma Cauble: 2<sup>nd</sup> AA
- Mavery Fauth: 1<sup>st</sup> FX
- Rogan Dean: 3<sup>rd</sup> AA
- Taylor Vivian: 1<sup>st</sup> FX, 1<sup>st</sup> AA

### Level 4 Highlights:

- Henley Johnson: 1<sup>st</sup> UB, 1<sup>st</sup> BB, 1<sup>st</sup> AA
- Clara Kaltschmidt: 1<sup>st</sup> BB
- Brooklyn Bauer: 1<sup>st</sup> VLT, 1<sup>st</sup> FX, 1<sup>st</sup> AA
- Noelle Bentzinger: 1<sup>st</sup> BB
- Kendra Wolf: 2<sup>nd</sup> AA
- Norah Guinn: 1<sup>st</sup> FX

### Level 7 Highlights:

- Nova Miller: 2<sup>nd</sup> AA
- Kaia Ridgway: 1<sup>st</sup> VLT, 1<sup>st</sup> UB
- Gigi Tweedy: 1<sup>st</sup> UB, 1<sup>st</sup> AA

### Level 8 Highlights:

- Lauren McManus: 3<sup>rd</sup> AA
- Gracie Stolfus: 1<sup>st</sup> FX, 1<sup>st</sup> AA
- Soli Bullemer: 1<sup>st</sup> BB

### Level 9 Highlights:

- Charlotte Friedman: 1<sup>st</sup> UB, 1<sup>st</sup> FX, 1<sup>st</sup> AA



## TEAM ATHLETES OF THE MONTH for "The Love of the Sport"

**Compulsory Level 4:** *Kendra Wolf* for her willingness to take on new challenges, and her excited nature in learning new skills.

**Optional Level 6-10:** *Gracie Stolfus (level 8)* for her consistent excitement to be at practice, learning as much as she can, and growing as a role model for her teammates.

**Xcel Gold – Platinum:** *Mavery Fauth (XP)* for her fierce dedication to the sport and unwillingness to give up, no matter how challenging the skill.

**Xcel Silver:** *Shelby Farrington* for her hard work and coachability, and her good attitude toward her coaches and teammates.

**Xcel Bronze:** *Zoey Thibert* for her drive to improve everyday at practice and her attention to detail within her routines.



# FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 Start of February Session!	31	1	2	3	4
5	6	7	8	9 Metroplex Challenge	10 Rocky Mtn Cup Metroplex Challenge	11 Rocky Mtn Cup
12	13	14 Valentine's Day!	15 Last day to drop for March session	16	17	18 Charity Choice Tacoma, WA
19 Charity Choice Tacoma, WA	20 President's Day! Gym OPEN March Tuition due	21	22	23	24 GWGF Coeur d Alene, ID	25 GWGF Coeur d Alene, ID
26 GWGF Coeur d Alene, ID	27 Start of March Session	28				

## Glacier Challenge Recap

Continued



Congratulations to all FGA gymnasts on a wonderful home meet. A special shoutout to **Maya and Gracie**, our **Senior Gymnasts**: Congratulations on an amazing final Glacier Challenge. Thank you for your many years of dedication to FGA and the sport of gymnastics! We are all so, very proud of you!

## COACH OF THE MONTH: COACH SARA

For her genuinely caring nature towards all of the athletes that she coaches, both in our developmental gymnastics and extreme programs. The words and phrases that she uses when addressing the kids show just how much patience and thoughtfulness she has with her classes!! Thank you, Coach Sara!

# NEVER GIVE UP

